

Stanground Viewer June 2023

Can you share a smile?

I think that everyone reading this, will have at some time today smiled, even if it was when you looked in the mirror this morning and laughed at what you saw. If you share a smile with someone else this could make a big difference to them. Some people that live by themselves, may not see anyone smile at them for a long time. The most impressive thing about a smile is, that it doesn't cost us any money, it doesn't involve too much effort and it is easy to do.

A smile can change a situation very quickly. If you are angry with someone and want to argue with them, its very hard to do if they smile or laugh at you. Think of a young child, that has say, drawn a wonderful picture on a wall that you have just painted. They stand there and smile at you saying look at what I have done. You want to be very cross with them and tell them off, but they are smiling and proud, so it's very hard to do so.

As a Christian and having the love of God in my life, I have an extra smile on the inside of me. One that I cannot see but will often feel it's effects. As a Christian, I do not have an easy life and yes from time to time I do get angry or cross, but I try to keep these emotions in check and not let situations get heated and out of control.

All through the Gospels, in the New Testament of the bible, we read accounts of people trying to get Jesus angry or cross, to try and trick him in to saying something that was wrong. Jesus was able to rise above this and I am sure brought many smiles to people. Think about the people he was able to heal of a disease, they must have smiled. Think about the lives that Jesus changed for the better, these people must have smiled.

As Christians, we can enjoy life and smile, we can share smiles with those we see.

If you would like to know more about the inner smile that God/Jesus can give you, you can read the bible, the Gospel of Mark is a good place to start. You can ask other Christians; you can come to church. We will welcome you all at Stanground Baptist Church, please see our website for details of services.

A challenge for you today and the coming days, as you are out and about, smile at someone and see if they smile back at you. Share your smile and make others happy.

You are very welcome to join our service at 10:15 every Sunday – at Chapel Street, Stanground, Peterborough, PE2 8JG. Email: stangroundbaptist@btinternet.com . For more information about our church go to our website www.stangroundbaptistchurch.org.uk

